



Premium Buffalo Meat

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Buffalo Facts

Are you among millions of people trying to lower your fat and cholesterol intake? Have you been diagnosed with a heart condition, high cholesterol or high blood pressure? Do you have a family history of heart disease? Studies have been performed at many major universities, (Cornell, University of Utah, University of South Dakota, Penn State, even the University of Bristol in England) they all confirm that Buffalo are very high in the essential fatty acids and have an excellent ratio of Omega-3 to Omega-6 acids and contain much more CLA (Conjugated Linoleic Acid) than was known. CLA, which is an Omega-6 polyunsaturated fatty acid, or "good fat", enhances the body's ability to promote a healthy metabolism.

Avoid the Bad Fat: Many processed foods, baked goods, and microwaveable foods are loaded with the bad fat. Trans Fatty Acids or (TFA) form when edible oils are heavily processed through hydrogenation (adding hydrogen to fat molecules). This makes fats last longer in a semi-solid state, without growing rancid. Altering fat structure through hydrogenation in effect strip-mines the oils. Omega-3 and Omega-6 fatty acids, the healthiest but most unstable fats, are removed.

Supplement with the Good: The human body cannot produce CLA, it can only be obtained through the diet or supplementation. In foods, CLA has been available primarily through animal sources such as meats like Buffalo. Several human clinical studies have shown that CLA may in fact reduce body fat, while still preserving muscle tissue.

Also know that for someone suffering from Heart Disease, Buffalo Meat can help! LDL Cholesterol levels may be reduced by 40-45% over about a 6-month period by eating only 5oz of Buffalo meat 4-5 times per week.

Our 100% Natural Buffalo Meat

All our Smokies, Sausages, Pepperoni, and ground buffalo are made from minimum 90% lean trim: no additional fat, MSG, or other by-products are ever added like in other store bought brands. This makes Buffalo the ideal meat for anyone concerned about what is going into their meat and into their mouth. All our meat is government inspected and sold frozen in individually vacuum packed clear bags so you can see the quality you are paying for while sealing in the freshness. With consumers demanding better quality and leaner cuts of meat, Buffalo is the ideal alternative.